

In Focus

United
Kingdom
Clinical
Pharmacy
Association

Welcome...

...to the first UKCPA e-bulletin!

UKCPA is growing fast. Our members and Groups are busier than ever and we have much to tell you. **In Focus** is a new bulletin for UKCPA members. You will still receive In Practice through the post every three months, but **In Focus** will fill you in on news in-between via email.

Whilst In Practice promotes the work of UKCPA Groups and the organisation as a whole, **In Focus** will celebrate the achievements of individual members. In this issue we interview Rebecca Chanda, a Highly Specialist Pharmacist in Anticoagulation at Guy's and St Thomas' NHS Foundation Trust. She tells of the inspirational individuals who motivate her, and confesses the challenges she has faced in her career as well as a secret addiction!

We also feature Sharron Millen, UKCPA Professional Secretary, who has been

particularly active and in demand recently as the Chair of the UKCPA HAT Group.

And of course we will keep you updated on all the projects at UKCPA such as Pharmapedia and the development of the new website, as well as letting you know of all our upcoming events and activities. We hope that you will find all the features interesting and informative.

Join us on [Facebook](#) and [Twitter](#) to get up-to-date information on events, activities, news and developments at UKCPA. Introduce friends and colleagues and take a look at photos from our conferences and symposia.

www.facebook.com
twitter.com/UKCPA



S.T.O.P. P.R.E.S.S

Annual UKCPA Business Planning meeting actions:

- UKCPA and RPS to work together to deliver webinars on clinical and professional development topics
- UKCPA Groups to have more autonomy and flexibility
- Restructure of event organisation committee to enable rapid response and highly relevant conference topics

www.ukcpa.org

February 2011

"The UKCPA promotes expert practice in medicines management for the benefit of patients, the public and members by establishing standards, workforce development and advancing innovation in all health care settings.

The UKCPA encourages Excellence, Leadership and Partnership"

UKCPA encourages its members to renew their Royal Pharmaceutical Society membership

As a member of UKCPA you get access to specialists, professional development support and training, and the opportunities to share clinical expertise and knowledge with leading edge practitioners. The RPS is a new organisation with a new tone and new

collaborative ways of working, through active partnerships and shared advocacy.

As professionals, and for the benefit of patients and the whole profession, we believe we need a credible and authoritative voice, and working together means the strengths and missions of both organisations are enhanced.



We're renewing our Society membership



UKCPA encourages excellence in the delivery of pharmaceutical care to patients by leadership and partnership working.

The RPS is a new organisation with a new tone and new collaborative ways of working, through active partnerships and shared advocacy. Working together means the strengths and missions of both organisations are enhanced.

We are clear about the benefits to our members of being a member of the Society.

As professionals we believe we need a credible and authoritative voice. The Society is harnessing the expertise through all specialists and experts across all sectors and communicating to patients, the public and other bodies on behalf of the entire profession.

We at UKCPA will be renewing our membership with RPS and would encourage all our members to do so in order to build a stronger profession.

UKCPA General Committee
www.ukcpa.org

Renew your membership at www.rpharms.com/renew

The UKCPA General Committee unanimously agreed to encourage its members to also be members of the RPS. We have worked together with the RPS to produce this campaign which is featured on the RPS website and the Pharmaceutical Journal.

UKCPA is clear about the benefits to our members of also being a member of the Society. We encourage all our members to renew in order to build a stronger profession.

Mini CV: Sharron Millen

Head of Clinical Pharmacy at Southampton University Hospitals NHS Trust



1995	Joined UKCPA
2009	Nominated UKCPA HAT Chair
November 2010:	Nominated UKCPA Professional Secretary
November 2010:	Invited to speak at Houses of Parliament for All Party Parliamentary Thrombosis Group Conference
January 2011:	Won 'The Best VTE Prevention in Clinical Practice Innovation' Award, presented by Lifeblood: The Thrombosis Charity
February 2011:	Launched LinkupVTE CPD program in collaboration with sanofi aventis and Keele University www.linkupvte.com

Spotlight on: Rebecca Chanda

We want to celebrate our members

and their professional achievements. In this first issue of **In Focus** we interview Rebecca Chanda, a Highly Specialist Pharmacist in Anticoagulation at Guy's and St Thomas' NHS Foundation Trust, and a member of UKCPA for five years.

Describe your job in three words?

Challenging, innovative, dynamic.

What do you enjoy about your job?

I really enjoy the variation and flexibility - teaching and mentoring, direct patient care, and involvement in changing practice.

What challenges have you faced so far in your career?

I started my career as a resident clinical pharmacist, providing advice and support to doctors and nurses at two large teaching hospitals. Having to answer complex questions in the wee small hours of the morning was challenging but also a great learning opportunity.

What do you think are the most valuable qualities someone should possess in order to be a good pharmacist?

The ability to communicate effectively is extremely important - it enables pharmacists to convey knowledge about medicines and disease management to patients and provide advice and support to doctors and nurses on drug prescribing, administration and monitoring.

Who or what inspires you?

Leading clinicians and pharmacists are inspiring as they are paving the way to move healthcare forward by contributing to the current evidence base for effective management of disease conditions. On a more personal note, I'm a big fan of Kylie Minogue, who has managed a successful career whilst dealing with challenging personal problems.

Tell us something people don't know about you.

I have something of a shoe addiction!



Pictured: Rebecca Chanda receiving the 2010 Bayer HAT Award at the UKCPA Symposium in November.

Why did you join UKCPA?

One of the best things about being a member of UKCPA is the ability to share knowledge and expertise with fellow specialist pharmacists and learn from their practice in implementing policies.

Recommend a good book to us.

'One in Three' by Adam Wishart is an interesting and moving book, describing the progress made in the treatment of cancer, whilst simultaneously charting his father's progress as he fights to battle the disease. I would recommend this to fellow healthcare professionals as it allows you to gain a patient's perspective of dealing with a complex disease.

How would you persuade a young student to enter the world of clinical pharmacy?

Clinical pharmacy offers a fast-moving challenging role to provide patient-centred pharmaceutical advice and support to healthcare professionals in hospital and primary care. A wide range of skills are used, not only to solve complex medical problems but also to drive local and national policies. Working alongside specialist clinicians and nurses to optimise a patient's management in a multi-disciplinary setting is dynamic and exciting. And, at the end of the day, helping patients is reward enough.

SAVE THE DATE!

Get ready for the 7th GHP/UKCPA Joint National Conference in Nottingham, 20-22 May 2011

Following the enormous success of our joint GHP/UKCPA Conference in 2010 and previous years, we are pleased to announce the dates of the 2011 event. From May 20th to 22nd the UK's pharmacy experts will gather in Nottingham for a packed and informative programme. This year's highlights include:

- Keynote lecture by Mrs Helen Gordon, Chief Executive of the Royal Pharmaceutical Society
- Keynote lecture by Mr Roger Walker, newly appointed Chief Pharmaceutical Officer for Wales
- Workshops on specialist areas including infection management, pain and cardiology
- Workshops on professional recognition, the Medicines Act, and pharmacy and the media

Invitations for award and abstract submissions is open until 28th February 2011. For more information on how to apply and entry criteria, please visit the [UKCPA website](#).

Detailed information on the Conference programme will soon be available on the [website](#).

Events coming up in March 2011

1st March 2011, London

[Starting out in critical care](#)

Organised by the Critical Care Group

Aimed at practitioners starting their career in critical care

Members £125, Non Members £195

Previous participants say:

"Really good introduction. Very appropriate to someone brand new in critical care"

"I've come away with more confidence to cover CCU"

"Excellent presentation which covered complex issues in a simple way"

4th March 2011, London

[Advanced Management of Atrial Fibrillation](#)

Organised by the Cardiac and HAT Groups

Members FREE, Non Members £135

This event has been supported by educational grants from the Bayer Schering Pharma, Boehringer Ingelheim Limited, sanofi aventis and A. Menarini Pharma UK SRL.

Previous participants say:

"I've had a really informative day and feel inspired to go back to my ward and make a difference."

25/26th March 2011, Leeds

[Intensive Weekend Residential School](#)

Developing Clinical Practice Skills in Pharmaceutical Care

Aimed at pre-reg or newly qualified practitioners, or those returning to work after a break.

Members £265, Non Members £333 (with **FREE** 1 year's annual UKCPA Membership)

Previous participants say:

"Very informative, excellent teaching!"

"I learned so much valuable information."

Book now to avoid disappointment.

Email admin@ukcpa.com
or telephone [0116 2776999](tel:0116 2776999)

Keeping you informed

We understand how important it is for busy pharmacists to get the right information at the right time. We also know that we can always improve the way we communicate with our members. So we hope that everything we currently do - from the regularly updated news feed on our website and our new [Facebook](#) page, to your copy of In Practice and this bulletin - helps us to keep in touch with you and for you to keep up-to-date with UKCPA news, events and other developments.

Your feedback

But we also realise that communication is a two-way process. It is important for us to listen. In the last few months, UKCPA has conducted two member surveys to help guide us in delivering the best possible service to you. Both surveys have provided us with valuable feedback to help us focus on the way we communicate with our members and the services we provide. We make sure

that our surveys are as short as possible so that you can complete them without taking up too much of your valuable time.

Looking ahead

All your feedback has given us plenty to think about and has opened up a range of possibilities for the best way for us to keep you informed in the future. We will be launching our new website in the Spring and we are exploring the potential of other web-based services, including webinars and podcasts.

Keep in touch!

It's really important that you tell us about the changes to your contact details. If you keep us in the loop it will ensure that you don't miss out on details of all our events and activities.

Please contact the UKCPA office on 01162 776 999 or membership.services@ukcpa.com to update your details.



Do you keep being asked the same questions at work?

Put your answer on [Pharmapedia](#) and share it with the world!

Articles written recently include [neuropathic pain](#) and [postoperative nausea](#). If you register for an account (no strings attached) you can edit or write for Pharmapedia yourself and share your knowledge and expertise.

Pharmapedia is growing fast - membership has risen by 380% in the last 6 months - join us!

Tell us what you think

UKCPA's modernisation has been influenced and shaped by the views of our members and the General Committee who represent their specialist practitioners.

Can you let us know how we are doing? Do you like the recent changes? Are there any events that you think we should develop? If you don't use the services of UKCPA tell us why, and if there is anything we can do to change this. Send your comments to the UKCPA General Secretary on general.secretary@ukcpa.com and help us to keep broadening and improving our Association.